

Annual Report of the Education Sub-Committee (EdComm) 2016/2017 Financial Year

1. Tutors:

1.1. Current tutors:

Doris Mbuyu	- Physiotherapy Tutor
Dianne Zeller	- Physiotherapy Tutor
Karien Marais	- Senior Speech Therapy Tutor
Corneli Strydom	- Speech Therapy Tutor
Rina van der Walt	- Senior Speech Therapy Tutor
Ingrid Vriend	- Occupational Therapy Tutor

1.2 Tutor certification:

It is with great excitement and pride that we announce the certification of Ingrid Vriend as fully qualified Occupational therapy Bobath tutor on 11th July 2017! Ingrid is currently in a locum post at the Bobath Centre in London where it was possible to train as OT tutor under the expertise of Chris Barber (Senior PT Bobath Tutor & Director of the Bobath Centre) and Heather Holgate (Senior OT tutor who works within the National Health Service in London). SANDTA is grateful to Heather Holgate and Chris Barber together with her team of expert Bobath tutors for all the time and effort they have invested in Ingrid's training. Ingrid has presented most of the modules in the UK but has also done some of the OT modules at a Basic Course in SA under supervision of Heather Holgate. Congratulations to Ingrid from all of us and we are looking forward to welcoming her back in South Africa at the end of her term in the UK! Ingrid is now an active member of EdCom.

1.3 Tutor Trainees:

Donné Descroizilles

Donne is a physiotherapist from Cape Town and has completed several of the modules at Basic Courses in SA as part of her tutor training under supervision of Estelle Brown (Retired Senior PT Tutor) and Doris Mbuyu (PT Tutor). A special thanks to Estelle for her willingness to assist in tutor training even though she has retired from fulltime involvement with EdCom! Her expert knowledge and skills are greatly benefitting our tutor trainees. Donne is an active member of EdCom and has been teaching on introductory courses since starting the tutor training pathway and this year also acted as course leader of the In-

Introductory Course in Cape Town. We wish Donne all the best in fulfilling the rest of the commitments towards qualifying as NDT tutor.

Lisa Rawstorne

An occupational therapist from Johannesburg – has successfully completed a second Basic Course at the beginning of 2017 in KZN and has now officially entered the tutor training pathway. Lisa has started with clinical supervision and teaching the OT parts of SANDTA Introductory Courses in 2017. She will be teaching some of the OT modules at the next Basic Course in 2018 under supervision of Heather Holgate (Senior OT Tutor in London), who has agreed to assist EdCom in Lisa's tutor training. We also wish Lisa all the very best in her tutor training pathway!

2. Portfolios 2016/2017:

Chair & documentation	-	Rina van der Walt
Chair elect	-	Vacant
Finance & equipment	-	Karien Marais
Course Information & Documentation	-	Doris Mbuyu
EdComm representative on NEC	-	Dianne Zeller
Minutes of meetings & Academic matters	-	Corneli Strydom

3. Meetings and Teleconferences:

EdComm tutors participated in 7 (seven) Skype meetings (13 Oct & 5 Dec 2016; 16 & 23 January, 3 April, 12 June and 31 July 2017). These meetings serve to discuss a variety of issues pertaining to the business of EdCom including course planning and organisation; Introductory, Basic and Advanced course content and curriculum development; and multidisciplinary tutor training. The annual face to face business meeting took place on 17 September 2017 in Pretoria.

4. Courses offered:

4.1. Basic Paediatric Eight Week Course 2017

The Basic Course was offered in Pietermaritzburg, KZN

Dates: 23 Jan to 7 March 2017

Course organiser: Estelle Brown (Senior PT tutor)

Course Leader: Doris Mbuyu (PT tutor)

PT Presenter: Donne Descroizilles (PT Tutor Trainee)

Occupational Therapist: Heather Holgate (Senior Bobath OT tutor) & Ingrid Vriend (OT tutor trainee)

Speech Therapists: Karien Marais (Senior ST Tutor) & Corneli Strydom (ST tutor).

4.2. Basic Paediatric Course 2018 (7 weeks fulltime with and additional online self-study module)

The next Basic Course is planned for the second half of 2018.

Dates: 13 August – 31 August 2018 (Block 1: 3 weeks)

1 October – 26 October 2018 (Block 2: 4 weeks)

Venue: Pretoria/Johannesburg- exact venues to be confirmed.

4.3. Introductory Courses:

The following Introductory Courses for therapists were offered in 2017.

Cape Town 15-19 May 2017: Donn  course leader with Corneli (ST) and Lisa (OT),

Eastern Cape 8-12 May 2017: Karien course leader with Donn  (PT), Jeanne Taylor & Lisa Rawstone (OT),

Johannesburg 5-9 June 2017: Dianne course leader with Karien (ST) and Lisa (OT)

5. Tutor Continuing Professional Development & Training:

Tutors and trainees have all either presented and/or attended NDT/Bobath and related courses and CPD activities during this year. Attendance of advanced NDT/Bobath and related courses is essential to update knowledge, refine clinical reasoning and improve and refine handling skills. EdComm therefore supports and encourages tutors' participation in such activities and offer an incentive of financial support to attend national and international events, especially when EdComm members present papers and posters at meetings and conferences.

6. EBTA Membership:

EdComm continues to be an associate member of the European Bobath Tutors Association (EBTA). Membership provides an ongoing relationship with EBTA to ensure that SANDTA EdComm are part of an international forum where we can share unique SA Bobath-NDT-related experiences; are updated in terms of current developments in other parts of the world and to network with colleagues in the EU Bobath/NDT community. Rina Van der Walt presented a paper at the EBTA congress in Oporto, Portugal September 2016 and represented SANDTA at the EBTA Tutor Business Meeting.

7. SWOT Analysis:

Strengths:

- The commitment of EdComm members to the tasks at hand despite ongoing challenges
- The qualification of Ingrid Vriend as Bobath OT tutor
- With the welcome addition of Donne and Ingrid to the EdCom team, we will be better able to meet the demand for courses in SA

- The commitment and dedication of the current tutor trainees, Donne Descroizilles and Lisa Rawstorne
- The expectation that we will soon have a transdisciplinary tutor team in the Western Cape, which will relieve the burden on tutors who live and work in Gauteng. Donne Descroizilles (PT), Corneli Strydom (ST) and Ingrid Vriend (OT).
- Excellent administrative support from Marianne Oosthuizen with the assistance of Lynett Venter in the SANDTA office.
- Ongoing support from NEC.

Weaknesses/Challenges:

- Not having a senior OT tutor in SA to present Advanced OT NDT courses and provide leadership in the training of OT tutors.
- Not having a senior PT tutor to present advanced NDT courses and provide leadership in training of PT tutors. We are delighted that Doris Mbuyu is now working towards that goal.
- EdComm tries to meet the training needs of therapists across South Africa. However, it is very difficult for tutors with children to be away from their homes and places of work, sometimes for up to eight (8) weeks at a time. Tutors are all in fulltime employment and it is a challenge to comply with both work and EdComm demands. We are therefore committed to train tutors in the provinces where the demand for courses is particularly high, but this is challenging due to the shortage of senior tutors.

Opportunities:

- Good relationship with EBTA, specifically the UK Tutor group. The support from Chris Barber and her team at Bobath Centre in London has been a huge benefit to SANDTA in terms of the support Ingrid Vriend received in her OT tutor training.
- Commitment of Heather Holgate, senior OT tutor of the UK Bobath Tutor Group to a) teach at the 2016 and 2017 Basic NDT courses in South Africa; b) to assist with the training process of OT tutors and; c) to present workshops at branches when she is in South Africa.
- Commitment of Estelle Brown, retired SANDTA senior PT tutor, to support the learning and training of PT tutors and to support EdComm with Basic course organisation and presenting the Advanced Baby Course in Dec 2017. Doris Mbuyu will assist Estelle at this course as part of the goal towards senior PT tutor status.
- NEC's commitment to financially support parts of the training of tutor trainees.

- Willingness and commitment of experienced NDT trained therapists to assist in clinical supervision at courses and some have been involved with teaching theoretical parts of intro courses when tutors or trainees have been unavailable.

Threats:

- Cost of ongoing training of tutors. There's a need for tutors to advance to senior tutor level to enable them to present advanced courses and thus better serve the needs of SANDTA members across the country. Upskilling tutors, requires that we have to create opportunities for them to learn from international senior NDT/Bobath tutors in SA and abroad at great cost.
- High costs of inviting international tutors to teach at courses and assist with tutor training and evaluation.

I would like to thank and commend the tutors and trainees of SANDTA EdComm on all that they have achieved this year. You have all continued to perform your roles with dedication and integrity, often at great personal cost to you and your families! EdCom would like to extend our sincere gratitude to the National Executive Committee and chairperson Dorothy Russell for the support and encouragement we have received from them in this past year; to the administrator Marianne Oosthuizen in the SANDTA office, for the highly efficient work continuously happening in the background and without which none of our plans will be realised!; to the SANDTA branch committees for their support in running CPD activities and supporting EdCom courses in their regions, and to all the SANDTA members for your support, constructive criticism and individual contributions to the work of the SANDTA Education Committee.

Report submitted on behalf of EdCom by:

Rina Van der Walt
Education Sub-Committee Chairperson

September 2017