

SANDTA
Annual Report of the Education Sub-Committee (EdComm)
2015/2016 Financial Year

1. Tutors:

1.1. Current tutors:

Doris Mbuyu	- Physiotherapy Tutor
Dianne Zeller	- Physiotherapy Tutor
Karien Marais	- Speech Therapy Tutor
Corneli Strydom	- Speech Therapy Tutor
Rina van der Walt	- Senior Speech Therapy Tutor

1.2 Tutor resignation:

Senior OT tutor Christa Scholtz resigned from EdComm in February 2016. Christa is a highly skilled and gifted therapist and was a well-respected senior tutor of SANDTA. We are indebted to Christa for her valuable contributions over many years to the development and continued growth of the SANDTA EdComm activities. Christa's commitment to the training of therapists often came at great personal cost and I would like to commend and thank her on behalf of all of us for her commitment to provide a very high standard of training to therapists over many years. The reward for Christa's efforts will continue to be reflected in the positive effects on therapists, children and their families throughout South Africa and beyond. We wish Christa the very best for the future!

1.3 Tutor promotions:

- It is with great excitement and pride that we announce the certification of Dianne Zeller as fully qualified SANDTA Physiotherapy tutor as from August 2016!
- We are equally delighted and proud of Karien Marais who has fulfilled all the requirements to be promoted to Senior SANDTA Speech Therapy tutor!

Congratulations to Dianne and Karien from all of us!

1.4 Tutor retirement:

SANDTA EdComm said a final and official goodbye to one of our most highly regarded and long-serving physiotherapy tutors – Eunice König! Although Eunice has been retired from EdComm for quite a while, we have not yet had the opportunity to get together with Eunice to officially honour her for the many

years of dedication to the work of SANDTA EdComm. It was therefore a great privilege to spend a memorable few hours with Eunice at a restaurant on the outskirts of Cape Town in January 2016, to reminisce about the tremendous rewards and unavoidable hardships of being a tutor! We were delighted that two of our other physiotherapy tutor retirees, Sheena Irwin-Carruthers and Estelle Brown were also able to join us in honouring Eunice for her invaluable contribution over many years to the development and execution of NDT training activities in South Africa.

1.5 Tutor Trainees:

Donné Descroizilles

A physiotherapist from Cape Town– has commenced participation in teaching, clinical supervision and general assistance at SANDTA Introductory Courses; Donne is now also teaching physiotherapy modules on Basic NDT Courses under supervision, as part of her training.

Ingrid Vriend

An occupational Therapist from Cape Town – has successfully entered the tutor training pathway in January 2016 and has subsequently taken the first step in the pathway by completing her second Basic Course in Cape Town in July 2016. Ingrid is currently filling a maternity locum post at the Bobath Centre in London where she will start teaching OT modules on Basic Courses and assisting in Bobath Introductory Courses. All of Ingrid’s teaching activities will occur under supervision of senior Bobath Tutor, Heather Holgate. Ingrid will also teach at the 2017 Basic Course in South Africa under Heather’s supervision, as part of her training.

Lisa Rawstone

An occupational Therapist from Johannesburg – has successfully entered into the tutor training pathway in August 2016 and will take her second Basic Course at the beginning of 2017. Lisa has already started assisting with clinical supervision at SANDTA Introductory Courses and will also co-present the OT section of an introductory course towards the end of September.

- A third OT has submitted her tutor training application but has not formally entered the training pathway yet. It is envisaged that the process will commence for her in 2018.

2. Portfolios 2015/2016:

Chair & documentation	-	Rina van der Walt
Chair elect	-	Vacant (Christa Scholtz until Feb 2016)
Finance & equipment	-	Karien Marais
Course Information & Documentation	-	Doris Mbuyu
EdComm representative on NEC	-	Dianne Zeller
Minutes of meetings & Academic matters	-	Corneli Strydom

3. Meetings and Teleconferences:

EdComm tutors attended and participated in face to face meetings on 15 & 16 January 2016 in Cape Town and the annual business meeting from 6 to 8 August 2016 in Johannesburg. In addition, tutors participated in six teleconferences to discuss a variety of issues pertaining to course organisation, course content and training of tutors.

4. Courses offered:

4.1. Basic Paediatric Eight Week Course 2016

Venue: Red Cross Children's War Memorial Hospital, Cape Town

Block 1: 2/5/2016 – 27/5/2016

Block 2: 20/6/2016 – 15/7/2016

Number of Participants: 28

Course Leader: Doris Mbuyu (PT tutor) assisted by Dianne Zeller (PT tutor trainee)

Presenters: Doris Mbuyu (PT tutor), Dianne Zeller (PT tutor trainee), Donne Descroizilles (PT Tutor Trainee); Sarah Foley (Senior PT tutor, Australia); Heather Holgate (Senior OT tutor, United Kingdom); Karien Marais (ST tutor);

4.2. NEXT Basic Paediatric Eight Week Course will be from 23/1/2017 to 7/3/2017 in KZN.

4.3. Workshops and short courses

- Heather Holgate (OT) and Sarah Foley (PT) each presented discipline –specific topics at evening workshops while they were in South Africa in June-July 2016 for the Basic Course, organised and hosted by the Cape Town SANDTA branch.
- Rina Van der Walt presented an evening workshop on early feeding intervention in Pretoria in February 2016, organised and hosted by the Northern Gauteng SANDTA branch.
- Dr Ehab Waly (PT) from Egypt presented a three-day gait analysis course organised by EdComm in Johannesburg.

4.5. Introductory Courses:

A total of five Intro Courses were presented this year. The KwaZulu Natal and one Johannesburg course attendance was poor – 12 and 15 respectively, while the Cape Town and Pretoria courses were fully subscribed with 26 and 25 participants respectively. The courses offered training to a total of 78 therapists. The last introductory course for 2016 will take place in Johannesburg towards the end of September. The Eastern Cape course was cancelled due to various factors, including logistical problems related to tutor availability.

- 29 March to 2 April 2016 – Cape Town
- 4 to 8 April 2016 – Pretoria
- 11 to 15 May 2016 – Johannesburg
- 22 to 26 August 2016 – Durban
- 26 to 30 September 2016 – Johannesburg

5. Tutor Continuing Professional Development & Training:

Attendance of advanced NDT/Bobath and related courses is essential to update knowledge, refine clinical reasoning and improve and refine handling skills. EdComm therefore supports and encourages tutors' participation in such activities and offer an incentive of financial support to attend international events, especially when EdComm members present papers and posters at meetings and conferences.

Karien Marais - attended a 4-day course in London on 'Assessment and Treatment Using the Sequential Oral Sensory (SOS) Approach to Feeding' for children with sensory related feeding difficulties.

Corneli Strydom – attended and participated in a panel presentation at an International Conference on Cerebral Palsy and other Childhood-onset Disabilities in Stockholm, Sweden from 1–4 June 2016.

Rina Van der Walt – presented a paper at the 'Count Me In' Scientific Meeting: Supporting Children's Participation - Evidence and Interventions, in Plymouth, England on 6 & 7 April 2016.

Doris Mbuyu and Dianne Zeller – have recently attended the Gait Analysis Course in Johannesburg.

Karien and Corneli gave feedback of their learning points at the recent EdComm business meeting. We would like to remind SANDTA members that EdComm tutors are available to share information gained at courses and conferences at branch level on invitation.

6. EBTA Membership:

EdComm continues to be an associate member of the European Bobath Tutors Association (EBTA). Membership provides an ongoing relationship with EBTA to ensure that SANDTA EdComm are part of an international forum where we can share unique SA Bobath-NDT-related experiences; are updated in terms of current developments in other parts of the world and to network with colleagues in the EU Bobath/NDT community. Rina Van der Walt will present a paper at the upcoming EBTA congress which will be held in Oporto, Portugal from 20-24 September 2016 and will also represent SANDTA EdComm at the EBTA Tutor Business Meeting.

7. SWOT Analysis:

Strengths:

- The commitment of EdComm members to the tasks at hand despite ongoing challenges
- The final qualification of Dianne Zeller as PT tutor, empowering her to act as course leader of Basic NDT courses in South Africa
- The upgrading of Karien Marais to senior tutor, qualifying her to present NDT Advanced courses within her scope of practice; and contribute to the training and qualification of Speech Therapy tutors in South Africa.
- The commitment and dedication of the current tutor trainees
- Good relationships with EBTA (specifically the UK tutor group) and ABNDTA (Australia) which allows access to a network of experts in the field
- Excellent administrative support from Marianne Oosthuizen in the SANDTA office
- Ongoing support from NEC

Weaknesses/Challenges:

- Following Christa Scholtz's resignation - lack of a qualified SANDTA OT tutor to teach the OT section of Basic Courses; as well as lack of a senior SANDTA OT tutor to teach Advanced NDT courses and provide leadership in the training of OT tutors
- Lack of a SANDTA Senior PT tutor to present advanced NDT courses and provide leadership in training of PT tutors
- EdComm currently consists of five (5) members who are trying to meet the training needs of therapists across South Africa. It is especially difficult for tutors with children to be away from their homes, sometimes for up to eight (8) weeks at a time. Tutors are all in fulltime employment and it is a challenge to comply with both work and EdComm demands.

Opportunities:

- Commitment of the Australian Bobath NDT Association tutors – specifically Kelly Reynolds and Sarah Foley, a) to present part of the 2015 and 2016 Basic Courses; b) to assist with the training of PT tutors during Basic Courses and c) to also present workshops to branches while in SA for Basic Course commitments.
- Commitment of Heather Holgate, senior OT tutor of the UK Bobath Tutor Group to a) teach at the 2016 and 2017 Basic NDT courses in South Africa; b) to assist with the training process of OT tutors and; c) to present a workshop to the Cape Town branch while in SA for the Basic Course in 2016.
- Commitment of Estelle Brown, retired SANDTA senior PT tutor, to support the learning and training of PT tutors and to support EdComm with course organisation.

- The expectation that we will eventually have a transdisciplinary tutor team in the Western Cape, which will relieve the burden on tutors who live and work in Gauteng.
- NEC's commitment to financially support parts of the training of tutor trainees.
- Willingness and commitment of experienced NDT trained therapists to assist in clinical supervision at courses and some have been involved with teaching theoretical parts of intro courses when tutors or trainees have been unavailable.

Threats:

- Cost of ongoing training of tutors. There's a need for tutors to advance to senior tutor level to enable them to present advanced courses and thus better serve the needs of SANDTA members across the country. Upskilling tutors, requires that we have to create opportunities for them to learn from international senior NDT/Bobath tutors in SA and abroad at great cost.
- High costs of inviting international tutors to teach at courses and assist with tutor training and evaluation
- Being chair elect during the 2014/15 period, I (Rina) have taken on the portfolio of chair in January 2016. However, as I live and work in the United Kingdom, I have indicated that my position will have to be reviewed at regular intervals. The cost of travel to attend the annual business meeting in South Africa and not being able to directly and actively participate in EdComm training activities, is impractical and ultimately unsustainable despite best intentions.

Finally, I would like to thank and commend the tutors and trainees of SANDTA EdComm on all that they have done in this past year with dedication and integrity! We as a tutor team would like to extend our sincere gratitude for the support and encouragement we have received in this past year from National Executive Committee chairperson Dorothy Russell and the rest of the committee; the administrator Marianne Oosthuizen in the SANDTA office; the SANDTA branch committees and all SANDTA members.

It is our sincere aim to provide training of a high standard to therapists in South Africa to ensure that the children and their families benefit maximally so that they can live their lives to the full!

Report submitted on behalf of EdComm by:

Rina Van der Walt
Education Sub-Committee Chairperson

12 September 2016