

Questions

1. What does OMFT stand for?
 - a) Oral Motor Feeding Therapy
 - b) Oral Motor Facilitation Technique
 - c) Oral Musculature Functional Training
 - d) Orofacial Movement Facilitation Therapy
 - e) Oral Myology Function Therapy

2. OMFT was designed to address limitations in:
 - a) Purely pharmacological feeding interventions
 - b) Traditional oral motor therapy focusing only on sensory stimulation
 - c) Speech-only therapies
 - d) Neuromuscular electrical stimulation
 - e) Orthodontic realignment

3. The prevalence of oral motor problems in children with CP is estimated at 68–90%.
 - a) TRUE
 - b) FALSE

4. How many children participated in this study?
 - a) 12
 - b) 16
 - c) 21
 - d) 27
 - e) 32

5. What was the age range of participants?
 - a) 1–5 years
 - b) 3–10 years
 - c) 6–12 years
 - d) 8–14 years

6. Which CP type was most common among participants?
 - a) Spastic quadriplegia
 - b) Dyskinetic CP
 - c) Ataxic CP
 - d) Mixed CP
 - e) Spastic diplegia

7. How many weeks of OMFT were provided?
 - a) 8 weeks
 - b) 12 weeks
 - c) 16 weeks
 - d) 20 weeks

8. Which standardized assessment was used to evaluate outcomes?
 - a) GMFM-66
 - b) Oral Motor Assessment Scale (OMAS)
 - c) PEDI
 - d) Dysphagia Outcome Score
 - e) MACS

9. Which of the following does OMAS not evaluate?
 - a) Mouth closure
 - b) Lip closure on utensil
 - c) Mastication
 - d) Straw suction
 - e) Breathing rate
 - f) Control of liquids during deglutition

10. Which OMAS item showed the highest improvement after 16 weeks?
 - a) Lip closure on utensil
 - b) Mouth closure
 - c) Straw suction
 - d) Mastication
 - e) All of the above

11. Which OMAS item showed the lowest improvement?
 - a) Mouth closure
 - b) Mastication
 - c) Straw suction
 - d) Lip closure during deglutition
 - e) None of the above

12. Sixteen weeks of OMFT was more effective than 8 weeks.
 - a) TRUE
 - b) FALSE

13. The OMFT treatment protocol includes which phases?
 - a) Warm-up, key point, application
 - b) Sensory-only, postural-only, functional
 - c) Oral prep, speech, swallow
 - d) Chewing, suction, swallowing

14. What was one major limitation of the study?
 - a) Large sample size
 - b) Multiple hospital recruitment
 - c) No control group
 - d) Lack of standardized tools

15. The authors recommend a minimum of how many weeks of OMFT for effectiveness?
 - a) 4 weeks
 - b) 6 weeks
 - c) 8 weeks
 - d) 12 weeks